



# Youth Classes Winter 2012

Class	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Nursery & KidZone	8:45am-1:30pm 4:30-8:00 pm	8:45am-1:30pm 4:30-8:00 pm	8:45am-1:30pm 4:30-8:00 pm	8:45am-1:30pm 4:30-8:00 pm	8:45am-1:30pm 4:30-7:30 pm	8:45am-1:00 pm	
Parents Night Out Party AGE 3-12					5:30-9:45pm Every Friday Starting Jan 13		
Creative Kids Art AGE 4-6				5:30-6:15 pm			
Apprentice Artists AGE 7-12				6:25-7:25pm			
Tiny Tot Soccer AGE 3	6:20-6:50 pm Mon		6:20-6:50 pm Wed		9:30 – 10:00 am Fri		
Soccer Level 1&2 AGE 4-5		4:45-5:30 pm Tue/Thu		4:45-5:30 pm Tue/Thu	10:10-10:55 am Fri		2:45-3:30pm Sun
Soccer Level 1 GRADE 1 <sup>ST</sup> -2 <sup>ND</sup>		5:35-6:35 pm Tue/Thu		5:35-6:35 pm Tue/Thu			3:40-4:40pm Sun
PreSchool Motor Development AGE 3-5			9:00-10:15 am				
Dash-N-Splash AGE 6-12	6:45-8:30 pm Mon/Wed		6:45-8:30 pm Mon/Wed				
Drills for Skills & Pool Sports AGE 10-15		6:30-8:00 pm		6:30-8:00 pm			
<b>Youth Coed Basketball League</b> GRADE K-8 <sup>th</sup>	Youth Coed Basketball League begins Saturday, March 3 Early Registration for Basketball League (by February 18) <u>Discount: Members \$45 Nonmembers: \$55</u> After Feb.18 price for members \$55 nonmembers \$65 Call 231.722.9322 for Details						
Basketball Skill Building						11:00 am- Noon	
Mixed Martial Arts AGE 8-15	6:30-7:30pm						

## **CHILD WATCH- MEMBERS ONLY!**

### **Ages 6 weeks-9**

Free service. A safe, fun environment for your child while you exercise. All childcare staff CPR certified. Parent information packets at the front desk.

## **PARENTS' NIGHT OUT PARTY- FRIDAYS**

**January 13, 20, 27, Feb. 3, 10, 17, 24**

**Ages 3-12** An evening of supervised entertainment including pizza, theme art projects, swimming, games, and monthly birthday recognition. Members Only! Party Planner: Hailey Mayo

### **Early registration discount:**

\$18 1<sup>st</sup> child/\$9 each addl child

**Day of party fee:** \$23 1<sup>st</sup> child/\$12 each addl child

## **ART-THURSDAYS**

### **CREATIVE KIDS ART Ages 4-6**

Children will experiment with a variety of materials, including: various papers, paints, glues and recyclables. \*Register for 14 weeks and **save!**

Offered Fall and Winter Sessions

**\*14 week savings: Jan. 12 – Apr 19**

Members: \$40 Nonmembers: \$60

**7 weeks: Jan. 12 – Feb. 23/March 1-Apr 19**

Members: \$25 Nonmembers: \$35

### **APPRENTICE ARTISTS Ages 7-12**

Expand and develop your artistic skills. Fun crafts integrated with an introduction to pastels, paints, collage and mixed media.

**\*14 week savings: Jan. 12 – Apr. 19**

Members: \$50 Nonmembers: \$70

**7 weeks: Jan 12 – Feb 23/Mar1-Apr.19**

Members: \$30 Nonmembers: \$40

## **BASKETBALL LEAGUE**

### **K-8<sup>th</sup> Grade SATURDAY GAMES**

League starts with clinics on Mar 3. Saturday game times range between 9:30am-2pm.

Practice: One hour weekly. Will work with your schedule. Participants receive a team shirt.

**Early Registration Discount (by Feb.18)**

Members: \$45 Nonmembers: \$55

**Registration after Feb.18:**

Members: \$55 Nonmembers: \$65

## **BASKETBALL SKILL BUILDING- SATURDAYS**

**K-1<sup>st</sup> grade and 2<sup>nd</sup>-3<sup>rd</sup> grade.** Get ready for the YMCA March basketball league with this effective skill building program. Coach Raye Heisser and Coach TJ Chappel have a variety of drills and scrimmages planned to help keep you "On top of your game".

**7 weeks: Saturdays Jan. 14-Feb. 25, 2012**

Members: \$25 Nonmembers: \$35

## **DASH-N-SPLASH-MONDAYS/WEDNESDAYS**

### **Ages 6-12**

The first 45 minutes include a variety of games such as ultimate frisbee, relays, obstacle courses, and more. The last 30 minutes are fun games in the pool. Members Only: FREE

## **DRILLS FOR SKILLS & POOL SPORTS**

### **Ages 10-15**

There is no boredom factor here! A variety of land and water sports will keep this program interesting and give results! Instructor: Emily Brown

**14 weeks:** Jan 10 – Apr 19

Members: \$25 Nonmembers: \$45

**7 weeks:** Jan 10 – Feb 23/Feb 28 – Apr 19

Members: \$15 Nonmembers: \$25

## **MIXED MARTIAL ARTS BY SALOMON-THURSDAYS**

**Ages 8-15** Covers a variety of classical techniques such as blocking, kicking, and forms. Options to test for ranks (belts) will be discussed. Purchase of a YMCA "Martial Arts" t-shirt strongly encouraged.

Additional T-shirt fee: \$15. Register early! Class size is limited. Instructor: Master Salomon Villalpando, 7th Degree Black Belt.

**7 weeks: Feb 27 – Apr 16**

Members: \$45 Nonmembers: \$65

## **PRESCHOOL MOTOR DEVELOPMENT-**

### **WEDNESDAYS**

**Ages 3-5** develop motor skills in a fun, exciting atmosphere. Children will move to music, learn basic tumbling, develop muscular strength and social skills all while having a great time. The gym portion is followed by a fun swim in the pool which includes 15 minutes of basic swimming instruction.

**14 weeks January 9 – Apr 21**

Members: \$60 Nonmembers: \$80

**7 weeks January 9-Feb 25/Feb 27-Apr 21**

Members: \$35 Nonmembers: \$45

## **SOCCER SKILL BUILDING**

### **TINY TOTS Age 3**

Basic fundamentals: dribbling and movement will be the focus (including shooting, agility, & scrimmages).

**7 weeks: Jan 9 – Feb 24/ Feb 27 – Apr 20**

Mon. Only or Wed. Only 6:20-6:50 pm Or

Fridays Only 9:30 am

Members: \$20 Nonmembers: \$30

### **LITTLE KICKERS Age 4 & 5 Levels 1 & 2**

**LEVEL 1** This class will expand on the drills learned in the tiny tots class. New drills will be introduced that will further develop their existing skill sets.

**LEVEL 2** Students will be given more challenging, specific drills. Prerequisite: must be able to dribble, trap, and pass the soccer ball.

**T/TH OR FRIDAY ONLY OR SUNDAY ONLY**

**7 weeks: Jan 10– Feb 23/ Feb 28 – Apr 19**

Two days per wk Members: \$35 Nonmembers: \$45

1 day per week Members: \$25 Nonmembers: \$35

### **DYNAMITE DRIBBLERS 1ST & 2ND GRADE**

**Levels 1 & 2** Drills in the areas of dribbling, agility, shot accuracy, and scrimmaging. Level two students will be provided with more challenging drills.

**7 weeks: T/TH Jan 10-Feb 23/Feb 28-April 19**

Members: \$40 Nonmembers: \$50

**7 wks: Sundays Jan 15-Feb 26 or Mar 4-Apr 22**

Members: \$30 Nonmembers: \$40