

Winter 1 2012

Pool Schedule

February 12 - February 18

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30 AM	Lap Swim 5:30-8:00	Lap Swim 5:30-7:00	Lap Swim 5:30-8:00	Lap Swim 5:30-7:00	Lap Swim 5:30-7:30	Lap Swim 6:00 - 9:30			
6:00 AM								Wake Up 7:00-8:00	Wake Up 7:00-8:00
6:30 AM									
7:00 AM									
7:30 AM									
8:00 AM	Aqua Wave 8:00-9:00	Silver Splash 8:00-9:00	Aqua Wave 8:00-9:00	Silver Splash 8:00-9:00	Aqua Wave 8:00-9:00	Aquacize 8:30-9:30			
8:30 AM	Pool School 9:00-10:00	Pool School 9:15-11:00	H2O Jog 9-10	Pool School 9:15-11:00	Wesley 9:30-10:15	Lessons 9:30-12:00			
9:00 AM			H2O Jog 9-10		Motor Gym 9:45-10:15			Aqua Cise 10:15-11:15	Aqua Cise 10:15-11:15
9:30 AM									
10:00 AM			Aqua Cise 10:15-11:15		Aqua Aid 11:00-12:00	Aqua Aid 11:00-12:00		Aqua Aid 10:15-11:15	
10:30 AM			Silver Splash		Silver Splash	Silver Splash		Silver Splash	
11:00 AM									
11:30 AM									
12:00 PM	Lap Swim 12:00-12:30	Lap Swim 12:00-12:30	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30	Lap Swim 12:00-1:00		Lap Swim 12:00-1:00	
12:30 PM									
1:00 PM	Pool School 12:30-2:00	Pool School 12:30-2:00				Open Swim 1:00-5:45		Open Swim 1:00-4:45	
1:30 PM									
2:00 PM	Open Swim 2:00-4:30	Open Swim 2:00-4:00	Open Swim 1:30-4:00	Open Swim 1:30-4:00	Home School 2:00-4:00			Deep Water Testing 2:15-2:30	
2:30 PM									
3:00 PM									
3:30 PM									
4:00 PM		MYST	Youth	MYST	MYST				
4:30 PM	Lessons 4:30-5:15	Swim Team 4:00-6:00	Lessons 4:00-5:15	Swim Team 4:00-6:00	Swim Team 4:00-6:00				
5:00 PM	Aquacise 5:15-6:15	Lessons 6:00-7:00	Aquacise 5:15-6:15	Lessons 6:15-7:35	Open Swim 6:00-9:45	<p>Deep Water Testing Swimmers under 16 years who wish to swim in the deep end of the pool, MUST be tested and receive a Deep Water Card. Details of card use will be given after the test. <u>A parent must attend the test</u></p>			
6:00 PM	Lessons 6:15-7:35	Open Swim 7:00-9:45	Open Swim 6:30-9:45	Open Swim 7:35-9:45					
6:30 PM									
7:00 PM									
7:30 PM									
8:00 PM	Dash 'N Splash 7:35 - 8:05		Dash 'N Splash 7:35-8:05						
8:30 PM	Open Swim 7:35-9:45				Deep Water Testing 6:45-7:00				
9:00 PM									
9:30 PM									
9:45 PM									