

Session Break 2012

Pool Schedule

February 19 - February 24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
5:30 AM	Lap Swim 5:30-8:00	Lap Swim 5:30-7:00	Lap Swim 5:30-8:00	Lap Swim 5:30-7:00	Lap Swim 5:30-7:30	Lap Swim 6:00 - 9:30				
6:00 AM										
6:30 AM		Wake Up 7:00-8:00		Wake Up 7:00-8:00	Wake Up 7:30-8:30					
7:00 AM										
7:30 AM										
8:00 AM	Aqua Wave 8:00-9:00	Silver Splash 8:00-9:00	Aqua Wave 8:00-9:00	Silver Splash 8:00-9:00	Aqua Wave 8:00-9:00	Aquacize 8:30-9:30				
8:30 AM	Aqua Jog 9:00-10:00	Open Swim 9:15-11:00	H2O Jog 9-10 Motor Gym 9:45-10:15	Pool School 9:45-11:00	Open Swim 9:00-10:15	Open Swim 9:30-12:00				
9:00 AM			Aqua Cise 10:15-11:15					Aqua Cise 10:15-11:15	Aqua Aid 10:15-11:15	
9:30 AM										
10:00 AM		Aqua Aid 11:00-12:00	Silver Splash	Silver Splash	Silver Splash					
10:30 AM										
11:00 AM	Silver Splash	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30	Lap Swim 12:00-12:30	Lap Swim 12:00-1:00				
11:30 AM	Lap Swim 12:00-1:30									
12:00 PM	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30	Lap Swim 12:00-1:30	Lap Swim 12:00-12:30	Lap Swim 12:00-1:00				
12:30 PM										
1:00 PM	Open Swim 1:30-5:15	Open Swim 1:30-4:00	Open Swim 1:30-5:15	Open Swim 1:30-4:00	Pool School 12:30-2:00	Open Swim 1:00-5:45	Open Swim 1:00-4:45			
1:30 PM										
2:00 PM					Home School 2:00-4:00			Open Swim 4:00-9:45	Open Swim 4:00-9:45	Open Swim 4:00-9:45
2:30 PM										
3:00 PM										
3:30 PM		Open Swim 4:00-9:45	Open Swim 6:15-9:45	Open Swim 6:15-9:45	Deep Water Testing 6:45-7:00					
4:00 PM										
4:30 PM										
5:00 PM		Aquacise 5:15-6:15	Aquacise 5:15-6:15	Aquacise 5:15-6:15	Aquacise 5:15-6:15	Open Swim 6:15-9:45	Open Swim 6:15-9:45			
5:30 PM										
6:00 PM	Open Swim 6:15-9:45	Open Swim 6:15-9:45	Open Swim 6:15-9:45	Open Swim 6:15-9:45	Open Swim 6:15-9:45	Open Swim 6:15-9:45				
6:30 PM										
7:00 PM										
7:30 PM										
8:00 PM										
8:30 PM										
9:00 PM										
9:30 PM										
9:45 PM										

Deep Water Testing
Swimmers under 16 years who wish to swim in the deep end of the pool, MUST be tested and receive a Deep Water Card. Details of card use will be given after the test. A parent must attend the test