

MYST Parent Board Meeting Minutes
February 9,2009

The Meeting was called to order at 6:30 p.m.

Members Present: Sue Bengston, Connie Bonner, Frankie Boxer, Robert Council, Michaelanne Hendrixon, R'na Komarek, Ann Ledsworth, Mike Resterhouse, Julie Shetterly, Ray Shetterly, Kim Sims, Susan Strobel, Felicia Swirczek.

Minutes: The minutes from 1/12/09 were accepted.

Treasurer's Report: No Report

Banquet and Nominations for 2009-2010 Board: The Banquet is set for March 27 at the Y. We will conduct a brief election of board members for the new season at that time. All positions are open and there are no term limits. Nominations should be directed to Susan Strobel. Frankie Boxer is in charge of the banquet and an email invitation will go out soon.

Additional volunteer positions: We would like 4 people to volunteer to lead the following groups:

1. Volunteer Coordinator
2. Welcome Committee
3. Events Coordinator
4. Newsletter editor/organizer

These four positions are not elected: -they are strictly voluntary. If anyone is interested, please speak with Mike or Susan.

Meeting date change: Instead of meeting Monday, March 9, will meet Wednesday, March 11 to accommodate Mike's school schedule. We will not meet in April.

USA Status: Our team was approved two weeks ago and is now officially a YMCA/USA team. It is still uncertain if the summer team will be both Y and USA. We have verbal commitments already to cohost USA swim meets next year with the Rockford USA team and East Grand Rapids USA team. Traverse City may also be interested.

Banner: Those present at the January meeting liked the horizontal design for our Y pool and travel banners. Those present suggested a modification in coloration to lessen the washed out affect of the wording.

Practice Dynamics: Discussions continued on how practices can be more effective for swimmers. The team is growing and there is a need for a smaller ratio of swimmers to instructor. There are too many levels of swimmers at one practice and this is not allowing enough one on one coaching time. Discussion centered on the need for a non-competitive (developmental) component to the swim team, where swimmers not yet ready to compete can still develop stroke technique, etc. but not be swimming at the same time the competitive swimmers are practicing. Maybe this group could be called “Jr. MYST”. These swimmers would not compete in any meets until coaches assess they are at the proper skill level. In order to do this however, everyone, meaning all coaches must agree, and these minimum standards need to be enforced consistently. Of course, pool time is an issue, and the more groups we have the harder it is to fit in all practices at the Y and high school pools. Hopefully, we will be able to have increased access to the high school pool. The general consensus is that there needs to be a balance between skill- and age-based swimming. , And more communication between coaches.

Muskegon High School Pool Rental: The Athletic Director at MHS is still working to implement a city-wide swim program, and in March he, Vicki and someone from Grand Rapids will talk about this cooperative effort between the YMCA and Muskegon Public Schools.

Dryland Training: The Y trainer, Heather, has done a fantastic job with the sessions offered to the team.

The Meeting was adjourned at 7:50 p.m.

Susan Strobel